



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
OCTOBER 2017**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| FIFTH WARD JUNIOR HIGH | | | | |
| 2 Main Line: Ravioli and Marinara Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie Take Out Line: Hot Dog OR BBQ Chicken Sandwich Vegetable Blend Juice French Fries | 3 Main Line: Dipping Chicken Nuggets Fresh Broccoli Florets Mashed Potatoes School Made Roll | 4 National Taco Day Main Line: Beef Tacos w/Fixings Seasoned Corn Fresh Cinnamon Breadstick Take Out Line: Classic Chicken Sandwich w/ Lettuce and Tomato French Fries | 5 Main Line: Classic Chicken Sandwich w/ Lettuce and Tomato French Fries Baked Beans | 6 PARISH  FAIR HOLIDAY |
| 9 Main Line: Dipping Chicken Nuggets Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll | 10 Main Line: Breezy Beefy Mac Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Homestyle Hamburger Cheese Slices French Fries Fresh Lettuce Sliced Tomatoes | 11 Main Line: Fried Chicken Fresh Crisp Baby Carrots Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: Hot Dog Crisp Baby Carrots French Fries | 12 National Gumbo Day Main Line: Kick'n Chicken Gumbo Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Brown Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries | 13 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS) |
| 16 Main Line: Dipping Chicken Nuggets Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll | 17 National Pasta Day Main Line: Italian Meat Sauce w/Pasta Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie Take Out Line: Classic Chicken Sandwich Fresh Crisp Lettuce French Fries | 18 Main Line: Cheesy Chicken Quesadilla Fajita Zesty Refried Beans Fruit Crisp Crispy Lettuce Salsa Take Out Line: Hot Dog Crispy Carrot Sticks French Fries | 19 Main Line: Southern Fried Catfish Fresh Baked Potatoes Creamy Cole Slaw Fresh Baked Roll Take Out Line: Homestyle Hamburger Crisp Lettuce Sliced Tomato French Fries | 20 Main Line: Stuffed Crust Pizza Pepperoni Garden Green Salad Seasoned Corn Fresh Salsa OR Dipping Marinara |
| 23 Main Line: Delicious Chicken Tenders Crispy Baby Carrots Green Salad Macaroni & Cheese Fresh Baked Roll OR Texas Toast | 24 Main Line: Beef Tacos w/Fixings Refried Beans Take Out Line: Chicken Patty Sandwich French Fries | 25 Main Line: Pork Roast w/Gravy Sweet Potato Casserole Cauliflower Florets Fresh Baked Roll Take Out Line: Meatball Sub Lettuce French Fries | 26 Main Line: Comfort Food Shepherd's Pie Broccoli Crown Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispie Treat Take Out Line: Crunchy Mozzarella Sticks Garden Green Salad Crispy Carrot Sticks Cracker Graham | 27 National Potato Day Main Line: Hamburger Crisp Lettuce Sliced Tomato Potato Rounds Chilled Fruit |
| 30 Main Line: Delicious Chicken Tenders Fresh Broccoli Florets Fresh Baked Roll | 31 Main Line: Ravioli and Marinara Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie Take Out Line: BBQ Chicken Sandwich Vegetable Blend Juice French Fries | | LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25 | AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies   Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese |

This institution is an equal opportunity provider. Menus are subject to change.