





**FIFTH WARD JUNIOR HIGH
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
JANUARY 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  HAPPY NEW YEAR	2	3 Dipping Chicken Nuggets Steamed Broccoli Cheesy Potato Au Gratin Fresh Baked Roll	4 National Spaghetti Day Main Line: Italian Meat Sauce w/ Pasta Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie Take Out Line: Classic Chicken Sandwich Fresh Crisp Lettuce French Fries	5 Stuffed Crust Pizza Pepperoni Garden Green Salad Seasoned Corn Dipping Marinara
8 Delicious Chicken Tenders Crispy Baby Carrots Garden Green Salad Macaroni & Cheese Fresh Baked Roll	9 Main Line: Nacho Supreme Refried Beans Chilled Fruit Take Out Line: Chicken Patty Sandwich French Fries	10 Pork Roast w/ Gravy Sweet Potato Casserole Cauliflower Florets Fresh Baked Roll Take Out Line: Fish Patty Sandwich French Fries	11 National Milk Day Main Line: Comfort Food Shepherd's Pie Broccoli Crown Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispie Treat Take Out Line: Crunchy Mozzarella Sticks Garden Green Salad Crispy Carrot Sticks Cracker Graham	12 Hamburger Crisp Lettuce Sliced Tomatoes Potato Rounds
15 MARTIN LUTHER KING HOLIDAY	16 Dipping Chicken Nuggets Fresh Broccoli Florets Fresh Baked Roll	17 Main Line: Breezy Beefy Mac Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Hamburger French Fries Fresh Lettuce Sliced Tomatoes	18 Main Line: Chunky Chili Garden Green Salad Russet Potato Broccoli Crown Florets Fresh Baked Roll Fudgy Brownie Take Out Line: Hot Pepperoni Pizza	19 Classic Chicken Sandwich French Fries Green Leaf Lettuce Baked Beans
22 Delicious Chicken Tenders Garden Green Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll	23 Main Line: Beef Tacos w/ Fixings Seasoned Corn Fresh Cinnamon Breadstick Take Out Line: Classic Chicken Sandwich w/ Lettuce and Tomato French Fries	24 Main Line: Gumbo Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries	25 Main Line: Fried Chicken Fresh Crisp Baby Carrots Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: BBQ Pork Sandwich Crisp Baby Carrots French Fries	26 Hamburger French Fries Crispy Lettuce Sliced Tomatoes
29 Dipping Chicken Nuggets Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll	30 Main Line: Italian Meat Sauce w/ Pasta Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie Take Out Line: Classic Chicken Sandwich Fresh Crisp Lettuce French Fries	31 Main Line: Fajita Zesty Refried Beans Fruit Crisp Crispy Lettuce Salsa Take Out Line: Hot Dog Crispy Carrot Sticks French Fries	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies  Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.